DIG INI SUPPORT COMMUNITY GARDENS

Registration form also available on-line at www.rochesterroots.org

☐ I would like to reserve seats for tour @ \$15 each = \$
☐ I would like to reserve conference registrations @ \$10 each = \$
☐ I would like to reserve vendor table(s) @ \$10 each = \$
Total \$
☐ I would like to donate a garden tool, product or seeds for the raffle:
Item(s):
Mail payment to: Rochester Roots 121 N. Fitzhugh St. Rochester, NY 14614
Name(s)
Organization
Address
Address
Address City/State/Zip



WHO ARE WE?

ROCHESTER ROOTS is committed to the creation of urban school and community garden-based educational programs for youth and their families. These programs focus on growing, preparing and enjoying high quality, safe and affordable, healthy food.

At a time when there is rising concern about the nutritional and health status of many urban dwellers, Rochester Roots seeks to enhance community members' understanding of the benefits of growing their own seasonal produce, while engaging them in decision-making about food choices and healthy life styles. Growing their own food, and learning nutritious ways to prepare it, is one of the best ways for people to supplement what they eat, to develop new ventures in urban settings, and to change the shape of their daily lives.

To learn more visit our website at

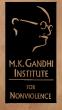
WWW.ROCHESTERROOTS.ORG.

Volunteer Opportunities Available Please call Jan McDonald at 585-232-1463

Organizers: The Gandhi Institute and Rochester Roots

Sponsored by City of Rochester, The Rochester Area Community Foundation, Lori's Natural Foods, Abundance Co-op and Phoenix Graphics

All proceeds benefit Rochester Roots







ROCHESTER ROOTS



GROWING TOGETHER

CONTHUNITY GARDEN CONFERENCE

SATURDAY. JANUARY 16. 2010



GROWING TOGETHER
COMMUNITY GARDEN CONFERENCE
SATURDAY, JANUARY 16, 2010

FOR MORE INFORMATION CONTACT ROCHESTER ROOTS AT 232-1463

THORNING TOUR 9AM — NOON \$15 PER PERSON (INCLUDES LUNCH / LIMITED TO 50)

Take a ride on the U of R bio-bus for a tour of Freshlink's hydroponic facility and drive-by tours of area school and community gardens.

HOW-TO COMMUNITY GARDEN 12:45 PM — 5:30 PM \$10 PER PERSON

Area experts will guide you step-by-step during three break-out sessions on 1) Soil Health 2) A-Z Organic Garden Planning and 3) Community Garden and Urban Agriculture Development and Policy.

BUSINESS, ORGANIZATION AND VENDOR JABLES AVAILABLE COST: SID EACH

Reserve a table to advertise your community supported agriculture project, farm, business, organization or product.

- Purchase Soil Test Kits
- Community Garden Permits
- Free Seeds
- Ask the Expert
- Vendor Fair

LOCATION:

ROCHESTER CITY HALL
30 CHURCH ST. ROCHESTER NY 14614
FREE PARKING AVAILABLE AT CITY HALL





