

DIG IN! SUPPORT COMMUNITY GARDENS

Registration form also available on-line at
www.rochesterroots.org

☐ I would like to reserve ____ seats for tour

@ \$15 each = \$ _____

☐ I would like to reserve ____ conference registrations

@ \$10 each = \$ _____

☐ I would like to reserve ____ vendor table(s)

@ \$10 each = \$ _____

Total \$ _____

☐ I would like to donate a garden tool, product or seeds
for the raffle:

Item(s): _____

**Mail payment to:
Rochester Roots
121 N. Fitzhugh St.
Rochester, NY 14614**

Name(s) _____

Organization _____

Address _____

City/State/Zip _____

Phone Number _____

Email _____

Total Enclosed \$ _____



ROCHESTER ROOTS

WHO ARE WE?

ROCHESTER ROOTS is committed to the creation of urban school and community garden-based educational programs for youth and their families. These programs focus on growing, preparing and enjoying high quality, safe and affordable, healthy food.

At a time when there is rising concern about the nutritional and health status of many urban dwellers, Rochester Roots seeks to enhance community members' understanding of the benefits of growing their own seasonal produce, while engaging them in decision-making about food choices and healthy life styles. Growing their own food, and learning nutritious ways to prepare it, is one of the best ways for people to supplement what they eat, to develop new ventures in urban settings, and to change the shape of their daily lives.

To learn more visit our website at

WWW.ROCHESTERROOTS.ORG

Volunteer Opportunities Available
Please call Jan McDonald at 585-232-1463

Organizers: The Gandhi Institute and Rochester Roots

*Sponsored by City of Rochester, The Rochester Area
Community Foundation, Lori's Natural Foods,
Abundance Co-op and Phoenix Graphics*

All proceeds benefit Rochester Roots



City of Rochester, NY
Robert J. Duffy, Mayor



ROCHESTER ROOTS



GROWING TOGETHER COMMUNITY GARDEN CONFERENCE SATURDAY, JANUARY 16, 2010



GROWING TOGETHER

COMMUNITY GARDEN CONFERENCE

SATURDAY, JANUARY 16, 2010

**FOR MORE INFORMATION CONTACT
ROCHESTER ROOTS AT 232-1463**

MORNING TOUR

9AM — NOON

\$15 PER PERSON (INCLUDES LUNCH / LIMITED TO 50)

Take a ride on the U of R bio-bus for a tour of Freshlink's hydroponic facility and drive-by tours of area school and community gardens.

HOW-TO COMMUNITY GARDEN

12:45 PM — 5:30 PM

\$10 PER PERSON

Area experts will guide you step-by-step during three break-out sessions on 1) *Soil Health* 2) *A-Z Organic Garden Planning* and 3) *Community Garden and Urban Agriculture Development and Policy*.

BUSINESS, ORGANIZATION AND VENDOR TABLES AVAILABLE

COST: \$10 EACH

Reserve a table to advertise your community supported agriculture project, farm, business, organization or product.

- *Purchase Soil Test Kits*
- *Community Garden Permits*
- *Free Seeds*
- *Ask the Expert*
- *Vendor Fair*

LOCATION:

ROCHESTER CITY HALL

30 CHURCH ST. ROCHESTER NY 14614

FREE PARKING AVAILABLE AT CITY HALL

